



## THE CATHOLIC PARISH OF ST. WILLIAM OF YORK

4 Brockley Park, Forest Hill, SE23 1PS

Clergy:- Fr Habte Ukbay, Parish Priest

Telephone:- 020 8690 4549 mobile 07307 869565

email:- [foresthill@rcaos.org.uk](mailto:foresthill@rcaos.org.uk) website: <https://swoy.org.uk/>

Safeguarding:- Carol Kinch 07710 324683



### **Mass Times**

Saturdays 10.30am, 6.00pm Vigil Mass

Sundays 9.30am, 11.30am Monday, Tuesday, Wednesday & Friday - 9.30am

*(Please note on Thursdays the church will be open for private prayer from 9.30am-10.00am except on Holydays of Obligations & special occasion)*

**Reconciliations** - Saturdays 11-12 noon

**Benediction & Exposition of the Blessed Sacrament**

First & last Friday of the month after Mass

### **THIRD SUNDAY OF LENT (A)**

**8 March 2026**

Dear Parishioners

In this Lenten time of renewal, conversion and returning to the Lord, we too, like the Samaritan woman in our Gospel story for this weekend, continue every day to reach wells whose water doesn't fully quench our thirst. However, we find the Lord near those wells: he awaits us, he is ready and willing to quench our thirst, to liberate our inner truth, to fill us with life.

Jesus offers us his very life. He is the living water that quenches our thirst; he is the true love that fills every void; he is the truth that sets us free. All we can do is stop and ask: "Lord, give me a drink!" he comes to us through his word and the sacraments to give us the living water that satisfies our thirst and hunger. Let us make good use of this season of Lent in delving more into the knowledge of his word that brings us closer to him and the sacraments that give us the grace.

God Bless

Fr Habte

## **THIS SUNDAY'S READINGS -**

Exodus 17:3-7, Romans 5:1-2, 5-8, John 4:5-42

**SCRIPTURE REFLECTION** - In this week's Gospel we hear about the encounter of Jesus and the woman from the well. She is known as a woman of disrepute so avoids situations where she is likely to meet people who will cause her problems. This means that she needs to go to the well at the hottest part of the day when she is less likely to come into contact with other people. When she meets Jesus he tells her about the living water which changes her life. As Jesus talks to her it becomes clear to her that he is not talking about water from the well but water of faith and when it becomes clear that he knows all about what she has done in her life that he is obviously a prophet. This story shows how everyone is accepted into the kingdom despite bad things we have done in our life as God will forgive us for our weaknesses and sins and give us the chance to start again and to live a life of faith. LBr

## **NEXT SUNDAY'S READINGS -**

1 Samuel 16:1b, 6-7, 10-13a, Ephesians 5:8-14, John 9:1-41

**SCHOOL & PARISH LENTEN PENITENTIAL SERVICES** on **Friday 13 March at 2pm** we will have our School reconciliation service for our children, parents and parishioners are welcome to receive the sacrament after the children. Also on **Wednesday 25 March at 7.30pm** we will have another opportunity with visiting priests. We also have the weekly time of confession every Saturday morning from 11.00am to 12 noon.

**A JOURNEY THROUGH LENT:** Fr Habte and the parish RCIA team would like to invite all parishioners to take advantage of the Lenten reflections on Tuesday evenings at 8:00pm-9.00pm co-ordinated by different parish ministries, followed by light refreshments in the lower hall. Our third evening for reflection will be on Tuesday 10 March. All welcome.

**"24 HOURS FOR THE LORD"** This will be marked over two short periods on **Friday 13 & Saturday 14 March**. We start with 6pm Mass on Friday 13 March, and the church will remain open afterwards for quiet prayer and reflection with Exposition of the Blessed Sacrament and Holy Hour, finishing with Night Prayer at 11pm. On Saturday 14 March, we have Morning Mass at 10.30am and the church will remain open until 12 noon with the opportunity to celebrate the Sacrament of Reconciliation.

**STATIONS OF THE CROSS IN LENT** - There will be Stations of the Cross on Fridays at 10.00am after the morning Mass during Lent.

**LENTEN ALMS** - Almsgiving is one of the three pillars of our Lenten practice. Almsgiving is charity towards our neighbour. The parish is thankful for your donations during Lent.

**POPE LEO'S PRAYER INTENTION FOR MARCH 2026** - For disarmament and peace Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

**ARCHBISHOP JOHN'S LENTEN REFLECTION:** The distressing majesty of the cross. Archbishop John is calling on all in the Archdiocese to join him in prayer and contemplation before the crucified Lord during Lent. Archbishop John said: "I want us to do more than stumble on our Lenten journey. I want us, together, to really contemplate and meditate on the distressing majesty of the cross so that we really can take in what it means for us and our relationship with our God, the Lord Jesus Christ". You can watch his full message at [rcaos.org.uk/lent2026](https://rcaos.org.uk/lent2026).

**SOUTHWARK SPIRITUALITY COMMISSION LENT REFLECTIONS** Each day during Lent, the Southwark Spirituality Commission will be sending a reflection to help you draw closer to the Lord Jesus. Sign-up at [rcaos.org.uk/lentreflections26](https://rcaos.org.uk/lentreflections26).

### **SOUTHWARK DIOCESAN PILGRIMAGE TO LOURDES**

I warmly invite you to join me on this year's SOUTHWARK DIOCESAN PILGRIMAGE TO LOURDES: 21 to 28 August 2026

A pilgrimage is a great opportunity to refresh and renew our relationship with the Lord Jesus, with the help of Our Lady's prayers.

I have also found it a blessing to be able to accompany and to be inspired by other pilgrims, some of whom are sick, elderly or disabled.

Last year, Deacon John Fogarty and I did a short presentation in parishes, which we would be happy to repeat in your parish, if it can be arranged.

Details for booking travel and accommodation can be found at <https://www.tangney-tours.com/diocese-pilgrimages/diocese-ca/>

We also ask pilgrims to complete a form with details, including medical requirements (if any) at <https://www.catholicassociation.co.uk/join2026>

For more information, please contact Canon Edward Perera

([edwardperera@rcaos.org.uk](mailto:edwardperera@rcaos.org.uk)) or Deacon John Fogarty ([johnfogarty@rcaos.org.uk](mailto:johnfogarty@rcaos.org.uk))

or myself, Bishop Paul Hendricks ([paulhendricks@rcaos.org.uk](mailto:paulhendricks@rcaos.org.uk))



# Scouts

12th Forest Hill  
(St William of York)

The Beaver Colony is the first and youngest section of the Scout Group. Beaver Scouts are young people aged between 6 and 8 years old. For fun, friendship and activities that get you thinking as well as doing.

Our parish Scout Group meet on Thursday evenings (term time only) at Lewisham Scouts DHQ on St Germans Road.

We have a few spaces for new members who are turning 6 to join our Beaver Colony. Check out our website [http://www.](http://www.12thforesthill.scoutsonline.co.uk/)

[12thforesthill.scoutsonline.co.uk/](http://www.12thforesthill.scoutsonline.co.uk/) and get on the waiting list now.

Adults - if you have a skill you could share with us, please get in touch. We all love learning. Could you be one of our volunteers with Beavers, Cubs or our Scout Troop which re-opened October? Could you be a group Trustee? Training and support provided.

Get in touch if you would like to find out more [ahesketh@12thswyoyscouts.org](mailto:ahesketh@12thswyoyscouts.org)

Akela/Antonietta Hesketh, Lead Volunteer



## **SVP AND CAFOD WORK EXPERIENCE.**

The St Vincent de Paul Society and CAFOD are working together to offer a week of free residential work experience for 20 young adults in England and Wales. The experience will run from 21 – 26 June in London. Candidates must be aged 18-25 years old, but priority will be given to those in their first or second year at university. [Apply here](#). Applications close on the 6 April. For any queries, please contact [KeziaH@svp.org.uk](mailto:KeziaH@svp.org.uk)

**VACANCY** - The Archdiocese of Southwark is hiring a Videographer & Social Media Officer. If you feel called to proclaim Jesus Christ and help others encounter his love, please visit [rcaos.org.uk/vacancies](http://rcaos.org.uk/vacancies) to apply. Application deadline: 12 March 2026.

**SOUTHWARK CATHOLIC YOUTH SERVICE** The Southwark Catholic Youth Service has a [number of upcoming activities](#) for youth and young adults. For regular updates on forthcoming events, sign up to its network at [tinyurl.com/scysnetwork](http://tinyurl.com/scysnetwork). For queries on youth activities email [youth@rcaos.org.uk](mailto:youth@rcaos.org.uk)

## FINANCES - JANUARY 2026

The monthly Offertory Collection - £1,830.44  
Donations for St. Georges's Cathedral - £200.42  
Donations for the Families in Need Fund- £186.09  
From monthly standing orders we collected - £5,003.00

Bank details to set up a regular standing order:  
Account name: RCAS Forest Hill, Sort Code: 60 50 01 Acc No: 79124437

Thank you for your continued support  
Please gift aid where possible

## MASS ATTENDEES

18 Feb - 246    21/22 Feb - 202    28/1 Mar -361

## PARISH DIARY

Monday 9 March 7.30pm	Baptism Session 2	Cafe York
Tuesday 10 March 8pm-9pm	RCIA - Lenten Reflection 3 followed by light refreshments	Church Lower hall
Thursday 12 March 8pm	Singing Practice	Church
Friday 13 March 2pm	SWOY School Lenten Reconciliation Service	Church
Friday 13 March 6pm	Mass - Start of 24hrs for the Lord	Church
Wednesday 25 March 7.30pm	Lenten Penitential Service	Church

## KINDLY SAVE THE DATE - ART EXHIBITION

"My most ambitious art project, Where Sunsets Gather, will be unveiled at my 6th Art Exhibition on **Saturday, 9th May, 12 noon–5:00 pm**, at the Upper Hall of our Church. The event will also include a book launch to mark my 76th birthday.

Kindly save the date"

Matthew Medupin

**THIRD SUNDAY OF LENT (A)**

**Saturday 7 March 2026**

**18:00** For the Parishioners

**Sunday 8 March 2026**

**09:30** Samuel Wyse RIP Anniversary

**11:30** Margaret O'Sullivan RIP 2nd Anniversary

**Monday 9 March 2026 - Feria**

**09:30** Sue Hepworth RIP

**Tuesday 10 March 2026 - Feria**

**09:30** Jo & Margaret Duffey

**Wednesday 11 March 2026 - Feria**

**09:30** Patricia Broday RIP (live-streamed)

**Thursday 12 March 2026 - Feria**

**09:30** Quiet Private Prayer (no Mass)

**Friday 13 March 2026 - Feria**

**09:30** Christine & Pat Kitchen RIP

**START OF 24HRS FOR THE LORD**

**18:00** For the Parishioners

**Saturday 14 March 2026 - Feria**

**10:30** Deceased members of the O'Connell & Reardon Families RIP

**FOURTH SUNDAY OF LENT (A)**

**Laetare Sunday**

**Mothering Sunday**

**Saturday 14 March 2026**

**18:00** For the Parishioners

**Sunday 15 March 2026**

**09:30** Clare & Harry Bedding RIP Anniversary

**11:30** Trevor Wheelan RIP 1st Anniversary

Please access the live streaming by visiting our parish Facebook page

[www.facebook.com/swoyse23/live/](http://www.facebook.com/swoyse23/live/)

(FM)=Foundation Mass

# ROMERO ROSARY

5PM  
EVERY  
FRIDAY  
DURING  
LENT



DRAW CLOSER TO THE  
**LORD JESUS** THIS LENT  
BY JOINING US IN  
**PRAYING THE ROSARY**

[rcaos.org.uk/romerorosary](http://rcaos.org.uk/romerorosary)

Archbishop John Wilson will lead  
the rosary on 6<sup>th</sup> & 27<sup>th</sup> March

Location:  
National Shrine of St Oscar Romero  
St George's Cathedral, SE1 6HR



# Cabrini Children's Clothes Bank



**Volunteer-led free clothes bank  
for newborn to 12 years old**



21.01 – 04.02 – 18.02 – 04.03 – 18.03 – 01.04



from 10 till 11:30 am

At Cabrini Campus - Honor Oak Park, SE23 3LE



Stay for tea, coffee and a friendly chat



All updates on Instagram  
[@cabrini\\_childrens\\_clothes\\_bank](https://www.instagram.com/cabrini_childrens_clothes_bank)



Contact: [cabrini.ccb@gmail.com](mailto:cabrini.ccb@gmail.com)

