



THE CATHOLIC PARISH OF  
ST. WILLIAM OF YORK

4 Brockley Park, Forest Hill, SE23 1PS

Clergy:- Fr Habte Ukbay, Deacon Amgad Gerges

Telephone:- 020 8690 4549 mobile 07307 869565

email:- [foresthill@rcaos.org.uk](mailto:foresthill@rcaos.org.uk) website: <https://swoy.org.uk/>

Safeguarding:- Carol Kinch 07710 324683



**Mass Times**

Saturdays 10.30am, 6.00pm Vigil Mass

Sundays 9.30am, 11.30am Monday, Tuesday, Wednesday & Friday - 9.30am

*(Please note on Thursdays the church will be open for private prayer from 9.30am-10.00am except on Holydays of Obligations & special occasions)*

**Reconciliations** - Saturdays 11-12 noon

**Benediction & Exposition of the Blessed Sacrament**

Every Friday during Lent after Mass & 3rd Sunday of the month at 5pm

**FIRST SUNDAY OF LENT (C)**

**9 March 2025**

Dear Parishioners

In this season of Lent that we are Journeying during this Jubilee year of hope, we are asked to be the leaven of our families and communities: in our families we pray together and we are a community who welcomes, who strive to live our baptismal call to mission and evangelization.

This year, as part of the initiatives of the Jubilee year of hope, we will be asking all members of our parish, to invite and encourage someone you know to join us in our prayers and Masses now in this Lent season and beyond.

Please take one or more of the Jubilee prayer cards prepared, to help us invite and encourage people, if you can, please have a gentle conversation before you hand the invitation card over to the invited person.

God Bless

Fr Habte



**THIS SUNDAY'S READINGS** -Deuteronomy 26:4-10, Romans 10:8-13, Luke 4:1-13

**SCRIPTURE REFLECTION** - The temptation of Jesus is a standard text which we normally hear at the beginning of Lent. In this gospel we hear how Jesus prepared himself by fasting. Fasting is a standard practice for people of faith to prepare for a penitential season or a difficult situation. Muslims are far better at this than Catholics though, as when Muslims fast during Ramadan they eat and drink nothing during daylight hours including no water which is far more gruelling than just not eating meat; when we Christians compare our ways of fasting to Muslims our efforts seem rather pathetic in comparison! We could consider fasting by giving up one or more meals and think about other areas of our life to fast from or develop, doing more for those in need or volunteering and developing our spirituality by looking at different styles of prayer and making more time for contemplation. When there's an important decision or difficult situation a good way to prepare oneself is to put ourselves into God's hands through prayer. Before Jesus was tempted by Satan he spent time in prayer and fasting which gave him the strength to stay strong and not be led astray by Satan's false promises which couldn't be fulfilled. Lent is a good time to re-evaluate our prayer life and to make time to listen prayerfully to what God wants of us.

LBr

**NEXT SUNDAY'S READINGS** - Genesis 15:5-12, 17-18, Philippians 3:17-4:1, Luke 9:28b-36

**LET US CONTINUE TO PRAY FOR POPE FRANCIS:** Our Holy Father, Pope Francis, continues treatment for bilateral pneumonia. Despite health challenges, he remains prayerful and engaged in limited work. Let us unite in fervent prayer for his healing and strength.



**LENT APPEAL - FAMILY FAST DAY FRIDAY 14 MARCH -**

Please donate to our Family Fast Day parish collection and be a pilgrim of hope with CAFOD this Jubilee Year. You'll be supporting communities suffering the impacts of war, poverty and climate change to find solutions and hope. Use the CAFOD envelope in church, donate online at [cafod.org.uk/envelope](http://cafod.org.uk/envelope) or call us on 0303 303 3030. You can also text CAFODLENT to 70085 to donate £10.



We will have a second collection next weekend 15/16 March 2025. Thank you

**LENT LEAFLET** In the special leaflet you will find lots of information about the meaning of Lent and some ideas for making it special. Please pick up a copy of the leaflet in church or download a copy [HERE](#)

**LENTEN JUBILEE YEAR THEMED REFLECTIONS:** This Lent, Fr Habte and the parish RCIA team would like to invite all parishioners to take advantage of the Lenten reflections based on 5 themes of the Jubilee Year on Tuesday evenings at 8:00pm-9.00pm, followed by light refreshments in the lower hall. Our first evening will be on Tuesday 11 March. All are welcome.

**STATIONS ON THE CROSS IN LENT** - There will be Stations of the Cross and Eucharistic exposition and benediction on Fridays at 10:00am after the morning Mass during Lent.

**LENTEN PENITENTIAL SERVICE** will be on Wednesday 9 April at 7.30pm with visiting priests. We also have the weekly time of confession every Saturday morning from 11.00am to 12 noon.

#### **GATHERING TO LOOK AT THE PASTORAL CARE OF OLDER PEOPLE**

To be held at The Holy Cross Parish in Catford **Saturday 29<sup>th</sup> March 11.00am -3.00PM** – Lunch Provided. This gathering is aimed at clergy, Ministers of the Eucharist, SVP and anyone interested in how we as Church foster and grow the ministry to older people. You may be visiting friends in local care homes or supporting member of your own family. It will be a very interesting morning with local speakers as well as presentations from local Catholic and ecumenical projects supporting the needs of older people. Please see the poster in the Narthex and at the end of this newsletter.

#### **ARCHDIOCESAN JUBILEE CELEBRATION DAY at The Friars, Aylesford 7 June 2025.**

Led by Archbishop John Wilson, we will gather as an Archdiocese at The Friars, Aylesford for a day of prayer, reflection, celebration, and fun. There will be lots of activities, for children as well as for adults. This will be the centre-piece event of the 2025 Jubilee in the Archdiocese of Southwark. There will also be a walking pilgrimage from St George's Cathedral in Southwark to The Friars (2-6 June 2025). The event itself is free. Our parish will be putting on a coach for the day itself, so to join our parish coach, **please add your name to the sheet in the Narthex to register your interest.** We will soon inform you about the cost of a coach seat per person. You can find out more about the event, including how to join the walking pilgrimage, and the wider Jubilee Year plans in the Archdiocese at [rcaos.org.uk/jubilee2025](http://rcaos.org.uk/jubilee2025).

## PARISH DIARY

Sunday 9 March 6pm	Confirmation 6th Session	Church
Sunday 9 March 6pm	Confirmation Parents Meeting	School Hall
Tuesday 11 March 8pm	RCIA - Jubilee Lenten Reflection followed by light refreshments	Church Lower Hall
Thursday 13 March 8pm	Singing Practice	Church
Friday 14 March	CAFOD Family Fast Day	
Saturday 15 March 9.15am	Instrumentalists Practice	Church
Sunday 16 March 5pm	Exposition of the Blessed Sacrament and Benediction	Church
Sunday 16 March 6pm	Confirmation 7th Session	Church

## MASS ATTENDEES

15/16 February - 245 22/23 February - 239 1/2 March - 353

### Be Well Hub Drop-in

#### Cafe York

4.20pm - 6.00pm  
22nd February 2025  
22nd March 2025  
26th April 2025

**All are welcome**



#### You Said

Mental health and wellbeing should be prioritised

#### We did

- Created St William of York as a Be Well Hub
- Trained 10 Parish Well Being Champions
- Delivering monthly Well Being drop-in sessions for tea, cake and conversation
- Nature walks (dates TBC)
- Year 6 to Year 7 Transition Day for SWOY children (26th June 2025)



**FIRST SUNDAY OF LENT ( C)**

**Saturday 8 March 2025**

**18:00** Christine & Patrick Kitchen RIP

**Sunday 9 March 2025**

**10:30** Sue Hepworth RIP

**Monday 10 March 2025 - Feria**

**09:30** Margaret Murray RIP

**Tuesday 11 March 2025 - Feria**

**09:30** Margaret Murray RIP

**Wednesday 12 March 2025 - Feria**

**09:30** Pa Sylvester & Agnes Orieso RIP (live-streamed)

**Thursday 13 March 2025 - Feria**

**09:30** Quiet Private Prayer (no Mass)

**Friday 14 March 2025 - Feria**

**CAFOD Family Fast Day**

**09:30** Etheldreda White (FM)

**Saturday 15 March 2025 -**

**10:30** Henry Evans (FM)

**SECOND SUNDAY OF LENT ( C)**

**Saturday 15 March 2025**

**18:00** Renate Betson RIP

**Sunday 16 March 2025**

**09:30** For the Parishioners

**11:30** Margaret O'Sullivan RIP 1st Anniversary

Please access the live streaming by visiting our parish Facebook page

[www.facebook.com/swoyse23/live/](https://www.facebook.com/swoyse23/live/)

(FM)=Foundation Mass



# Supporting Older People

Developing Friendship & Belonging

## PLACE

**Holy Cross Catholic Church**  
(Hartley Hall)

**208 Sangley Rd, Catford**  
**London SE6 2JS**

Access via Sangley Road or  
Culverly Road. Car parking  
available.

- ✔ Pastoral Support
- ✔ Health & Wellbeing
- ✔ Social Activities

## Find out More

**Phone Number**

07521 425 400

**Website**

<https://www.resouthwark.co.uk/mission/caritas-southwark/>

## PLEASE JOIN US

Everybody is Welcome

**Caritas Reps, SVP, Eucharistic  
Ministers, Home Visitors,  
Luncheon Clubs, Groups or  
Volunteers who support older  
people**

## DATE & TIME

**SATURDAY 29th March 2025**

**11:00 AM - 15:00 PM**

Lunch will be provided